

Allergy Testing Restriction List

FOR BEST TEST RESULTS FOLLOW THESE RECOMMENDATIONS

Patients referred for allergy skin testing **CANNOT:**

- Be on Beta Blockers. (Absolute contraindication)
- Be having an acute allergy exacerbation or poorly controlled asthma

MEDICATIONS TO STOP BEFORE ALLERGY SKIN TESTING

ANTI-HISTAMINES

(DISCONTINUE 7 DAYS BEFORE TESTING)

Examples include:

4-way
Alavert
Allegra, Allegra-D (Fexofenadine)
AllerX
Antivert (meclizine)
Brompheniramine (Bromfed)
Chlor-Trimeton
Chlorpheniramine
Clarinet
Claritin, Claritin-D, Claritin Reditab (Loratadine)
Comtrex
Contac
Dimetane
Dimetapp
Diphenhydramine (Benadryl)
Dramamine (dimehydrinate)
Drixoral
Extendryl
Formula 44
Hydroxyzine (Vistaril / Atarax)
NyQuil Multisymptom
Periactin
Phenergan (promethazine)
Ranitidine (Zantac)
Rynatan
Sudafed Plus
Triaminic
Vicks
Xyzal (Levocetirizine)
Zyrtec (Cetirizine)

H2 BLOCKERS

(DISCONTINUE 48 HOURS BEFORE TESTING)

Examples include:

Famotidine/Pepcid/Nizatidine/Axid
Tagamet/Cimetidine

BETA BLOCKERS

(BLOOD PRESSURE MEDICATION)

(DISCONTINUE 48 HOURS BEFORE TESTING)

If you cannot stop Beta Blockers, we cannot do skin testing.

Please talk to us about blood testing (RAST) instead.

Examples include:

Acebutolol (Sectrol)
Atenolol (Tenormin, Tenoretic)
Betaxolol (Kerlone)
Carteolol (Cartol)
Carvedilol (Coreg)
Corzide
Disoprolol (Zabeta)
Esmolol (Brevibloc)
Inderide, Inderide LA
Labetalol, (Normodyne, Trandate)
Metoprolol, (Lopressor, Lopressor HCT/Toprol XL)
Nadolol, (Corgard)
Nebivolol (Bystolic)
Penbutolol, (Levatol)
Pindolol, (Visken)
Propranolol, (Inderal, or Ineral LA)
Sotalol, (Betapace AF)
Timolide 10/25
Timolol, Blocadren
Ziac

PRESCRIBED TOPICAL ANTIHISTAMINE SPRAYS

(DISCONTINUE 24 HOURS BEFORE TESTING)

Examples include:

Azelastine (Astelin)
Fluticasone (Flonase)
Azelastine/Fluticasone (Dymista)
Azelastine (Astepro)
Olopatadine (Patanase)

Please contact our office with any questions.

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(user name is your email address)