

Allergy Testing Restriction List

FOR BEST TEST RESULTS FOLLOW THESE RECOMMENDATIONS

Patients referred for allergy skin testing **CANNOT:**

- Be on Beta Blockers. (Absolute contraindication)
- Be having an acute allergy exacerbation or poorly controlled asthma

MEDICATIONS TO STOP BEFORE ALLERGY SKIN TESTING

ANTI-HISTAMINES

(DISCONTINUE 7 DAYS BEFORE TESTING)

Examples include:

4-way
Advil PM
Alavert
Allegra, Allegra-D (Fexofenadine)
AllerX
Antivert (meclizine)
Brompheniramine (Bromfed)
Chlor-Trimeton
Chlorpheniramine
Benadryl
Clarinet
Claritin, Claritin-D, Claritin Reditab (Loratadine)
Comtrex
Contac
Dimetane
Dimetapp
Diphenhydramine
Dramamine (dimehydrinate)
Drixoral
Extendryl
Formula 44
Hydroxyzine (Vistaril / Atarax)
NyQuil Multisymptom
Periactin
Phenergan (promethazine)
Ranitidine (Zantac)
Rynatan
Sudafed Plus ("plus" has antihistamine)
Tylenol PM
Triaminic
Unisom
Vicks
Xyzal (Levocetirizine)
Zyrtec (Cetirizine)
Zzzquil

PRESCRIBED TOPICAL ANTI-HISTAMINE SPRAYS

(DISCONTINUE 24 HOURS BEFORE TESTING)

Examples include:

Compounded Nasal Spray prescribed by Dr. Slaughter
Azelastine (Astelin)
Fluticasone (Flonase)
Azelastine/Fluticasone (Dymista)
Azelastine (Astepro)
Olopatadine (Patanase)

H2 BLOCKERS

(DISCONTINUE 48 HOURS BEFORE TESTING)

Examples include:

Famotidine/Pepcid/Nizatidine/Axid
Tagamet/Cimetidine

BETA BLOCKERS

(DISCONTINUE 48 HOURS BEFORE TESTING)

If you cannot stop Beta Blockers, we cannot do skin testing.
Please talk to us about blood testing (RAST) instead.

Examples include:

Acebutolol (Sectrol)
Atenolol (Tenormin, Tenoretic)
Betaxolol (Kerlone)
Carteolol (Cartol)
Carvedilol (Coreg)
Corzide
Disoprolol (Zabeta)
Esmolol (Brevibloc)
Inderide, Inderide LA
Labetalol, (Normodyne, Trandate)
Metoprolol, (Lopressor, Lopressor HCT/Toprol XL)
Nadolol, (Corgard)
Nebivolol (Bystolic)
Penbutolol, (Levatol)
Pindolol, (Visken)
Propranolol, (Inderal, or Ineral LA)
Sotalol, (Betapace AF)
Timolide 10/25
Timolol, Blocadren
Ziac

Please contact our office with any questions.

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(user name is your email address)